



# KIS NEWS

At Kinabalu International School we are dedicated to providing an excellent education in a caring, respectful environment, challenging students to achieve their full potential as successful world citizens.

3rd November 2017

## From the Principal

### U15 FOBISIA Games

Congratulations to our U15 FOBISIA team on a very successful Games earlier this week in Phuket, Thailand. By all accounts the team were excellent ambassadors for the school and acquitted themselves extremely well in all areas of the competition. In the process the team won many medals and showed great sportsmanship. The boys were the undisputed champions in the Basketball competition. I want to thank Miss Watt and Mr Walker for all their efforts in organising, training and accompanying the team. Well done everyone!



### Secondary Sports Day

Last Friday's Secondary School Sports Day was a great success. It was wonderful to observe students enthusiastically enjoying sport and working together to achieve the very best results for their individual Houses. The sportsmanship displayed by students and their willingness to participate in the different events was most impressive. Congratulations must go to Sulug, the Champion House of the day, and to everyone for making the event such a great success. I want to thank all those parents who came along to cheer their children, the PTA for providing refreshments and my colleagues for helping to run the day. Lastly, I want to acknowledge the incredible efforts of the PE staff in organising the event.

### Request for Board of Management Nominations

As a not-for-profit school the Board of Management plays a crucial role in working closely with myself and the Senior Management Team in guiding the school forwards. We have four positions on the Board to be filled at the coming AGM on Tuesday 21st November and we encourage any parents interested in undertaking this important role to meet with myself to find out more.

As per Article IX Clause 9 (a) and (b) of the Constitution, please complete a "[Nomination Form](#)" to indicate your willingness to stand for election to serve for a 2-year period. Please also provide a short biography with both a passport and a family photo to Elis Ho (Office Manager) at [officemanager@kis.edu.my](mailto:officemanager@kis.edu.my).

### Departing Students

If your family will be leaving KIS at the end of this term please notify Tina Koroh, Admissions Officer, at [admissions@kis.edu.my](mailto:admissions@kis.edu.my) to ensure we have sufficient time to prepare any documents required. Many thanks.

### Healthy Heart Canteen - November Menu

The [November Menu](#) and [Order Forms](#) for the Healthy Heart Canteen are now available and may be downloaded here or from the Catered Lunches page of the KIS website. Printed copies are also available from the Parent Information Board.

Wishing you a pleasant weekend.

Alan Connah  
Principal



# DATES FOR YOUR DIARY

Mon 6th November:	Year 5 Residential Trip Meeting
Tues 7th November:	Year 9 Options Talk
Thurs 9th November:	PTASC Meeting
Fri 10th November:	Year 1 Trip
Fri 10th November:	Year 4 Assembly

## PRIMARY NEWS

### First Steps at KIS has expanded

Due to popular demand, last Friday saw our First Steps @ KIS group expand again to include a Mother and Baby group - Turtle Tots. This group has been set up to cater for babies from birth to 12 months old and will give their parents / carers the opportunity to meet up once a week with parents of children of a similar age. The group will provide opportunities for new parents to share their questions, worries or concerns with more experienced carers, as well as giving the children an opportunity to socialise with other children of their age. During the one hour session a range of activities will be conducted in a safe and secure environment. If you or your friends are interested in a free trial for any of our First Steps groups, please contact Ms Tina Koroh, [admissions@kis.edu.my](mailto:admissions@kis.edu.my) for more information.

### F2 Phonics & Guided Reading Workshop

An informative and helpful workshop was held for all parents of F2 children earlier this week. The workshop took parents through the various stages the children follow in their early learning of phonics to help them acquire important skills necessary for reading and writing. We shared techniques and strategies we use on a daily basis in school and demonstrated a sample lesson. We provided the parents with useful resources and ideas that can be adapted and used at home to help consolidate the skills acquired in school.

Thank you to all the parents who joined us for this workshop. We are looking forward to more opportunities throughout this year to present further workshops covering other exciting areas in our Early Years Curriculum.

Nicky Russell  
Head of Primary

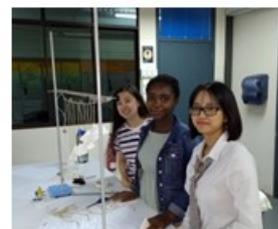
## SECONDARY NEWS

### What's Happening in Science?

A Short Report from Mr Colbeck, Head of Department

During International Day, Year 13 Physics students were investigating resonance. This is a physical phenomenon that has many affects from tidal surges to building earthquake-proof structures. The students looked at some of these affects, from the Millennium Bridge in London to the collapse of the famous Tacoma Narrows Bridge in the USA. They then demonstrated the principles of resonance by building Barton's Pendulum, as shown here.

Year 12 Physics students are studying Work, Energy and Power. The concept of energy is fundamental to all scientific disciplines, and is a word that has a very specific meaning. They are investigating the Law of Conservation of Energy, which applies to the smallest subatomic particles and to the largest system we know of – the Universe itself. Here they are studying the exchange of Gravitational Potential Energy to Kinetic Energy for a body moving up an inclined plane.



## Shark Talk

On the 31<sup>st</sup> October, Mr Eric Yu, a Marine Biologist from Sabah Sharks Protection Association, visited KIS to talk to Secondary Students about sharks as part of the 'Save the Sharks Campaign'. They were asked 'Who's scared of Sharks?' and many students and staff raised their hands. 'They are apex predators, have massive teeth and are clearly just out to eat you!' was the initial thought and feeling of many in the Hall on Tuesday afternoon!

The Sabah Sharks Protection Association is an organisation consisting of individuals who are passionate about protecting the sharks and rays of Sabah. Mr Yu talked enthusiastically about the importance of sharks and their role within the oceans: "sharks control fish populations and ultimately make them stronger". Students were shown images of some of the vast array of sharks, [there are approximately 450 different species] and given reasons as to why we should discourage the consumption of sharks and especially why to avoid Shark Fin soup.



Students had a lot of fun and were very engaged throughout the talk. At the end of Mr Yu's presentation, they made a pledge to not only stop consuming shark but also to discourage other people from doing the same, and to spread the awareness of the issue within their community.

## English Literature Conference Report

Ms Colley tells us about her recent Professional Development experience:

Last weekend I attended the JAWS [Jobs Alike Workshop] A Level English Literature Conference, hosted by Garden International School in Kuala Lumpur. It was a fantastic chance to work collaboratively with a varied mix of professionals from a broad range of FOBISIA schools and to establish links with teachers working in the same subject area. This was a rare opportunity for us to benefit from our collective experiences of A level teaching while sharing innovative and creative approaches to enhance the students' learning. As well as being incredibly useful by providing us with tools, resources and fresh perspectives on our teaching practice, it was an extremely worthwhile experience for the teachers to be able to share their inspiration and passion for their subject. I am very much looking forward to applying what have I learned to my own lessons and seeing the benefit in my students' work.

Margaret Renshaw  
Assistant Principal and Head of Secondary

# SPORTS NEWS

## What's Been Happening This Week?

After Secondary Sport Day last week the PE department has been busy starting new units for all the year groups and our new sport, Floorball, is in full swing for the students in Years 7-10 during their double lessons offsite. The U15 FOBISIA Team have just been in Phuket with Ms Watt and Mr Walker taking part in the FOBISIA Games. A full report will follow in next week's Newsletter.

### PE Department

## Secondary Sports Day

Penampang Stadium was a sea of colour last Friday as the whole of Secondary gathered for Sports Day. With a strong team spirit and many students wearing face paint in their house colours - Sapi, Gaya and Sulug went head to head in an exciting day of events!

The PE Department was extremely proud of the students for their hard work and sportsmanship during the day. The highlight for all was the Tug of War event, with students cheering excitedly for their respective teams.

We are delighted to report that four new Schools Records were achieved: Ivan in High Jump, Sandro in Discus, Isabella in Javelin and Celeste in Triple Jump. The new Teacher Relay event was a big success. Ms Watt's All-Stars were pipped at the post by the Year 6 House Captains and unfortunately the Year 11-13 Dream Team beat the Male Staff relay team (by quite a bit) but like we always remind the students - it is taking part that counts!

We would like to say a big thank you to all Secondary staff for their help on the day and to the PTA for providing much needed drinks. We also need to say a special thank you to our Secondary House Captains for organising their teams and leading by example on the day, and also to the Primary House Captains for assisting the teachers at the events.

The event culminated with the all-important results and it was a pleasure to announce that Sulug is the Sports Day Champions 2017. Well done!

Ms Catriona Watt  
Head of PE and Sport

# PTA NEWS

Secondary sports day has come and gone and what a hot and humid day it was! A huge thanks needs to go out to the PTASC and parents for their assistance. Congratulations to all the students and staff for a successful day.

Our next meeting will be held on Thursday 9th November 8am-10am in the Primary Conference Meeting Room. All parents are welcome to attend.

**PTASC**