

HEALTHY HEART CANTEEN - PRE ORDER MENU FOR FEBRUARY 2018

STUDENT NAME : _____

CONTACT : _____

YEAR : _____

EMAIL : _____

	1st February (THU)		
M1	Chicken Oriental with Rice		
M2	Spaghetti Alfredo		
M3	Tofu Oriental with Rice		

	9th February (FRI)		
M4	Butter Chicken with Rice		
M5	Hawaiian Pizza		
M6	Margherita Pizza		

	27th February (TUE)		
M1	Honey Chicken with Rice		
M2	Breaded Chicken		
M3	Honey Vegetables with Rice		

	2nd February (FRI)		
M1	Beef Stew Asian Stylen with Rice		
M2	Mac & Cheese (with Chicken)		
M3	Mac & Cheese (with Vegetarian)		

	12th February (MON)		
M4	Beef with Soy Sauce with Rice		
M5	Lemon Chicken		
M6	Stir Fried Japenesse Tofu with Rice		

	28th February (WED)		
M1	Fish with Oyster Sauce with Rice		
M2	Fried Spaghetti		
M3	Tofu with Oyster Sauce with Rice		

	5st February (MON)		
M1	Chicken Opor with Rice		
M2	Spaghetti Carbonara		
M3	Tofu Opor with Rice		

	13th February (TUE)		
M4	Chicken with Soy Sauce with Rice		
M5	Chicken Burger		
M6	Vegetarian Burger		

SMALL (S) - RM7 X () DAYS = RM _____

LARGE (L) - RM9 X () DAYS = RM _____

	6st February (TUE)		
M1	Honey Chicken with Rice		
M2	Breaded Chicken		
M3	Honey Vegetables with Rice		

	14th February (WED)		
M4	Chicken Katok with Fried Rice		
M5	Spaghetti Bolognese		
M6	Vegetarian Spaghetti		

TOTAL AMOUNT = RM _____

BANK IN DETAILS: MBB AC NO 160214027830
(NOOR AZEAN)

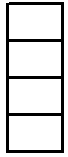
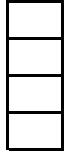
	7st February (WED)		
M1	Fish with Oyster Sauce with Rice		
M2	Fried Spaghetti		
M3	Tofu with Oyster Sauce with Rice		

	15th February (THU)		
M1	Chicken Oriental with Rice		
M2	Spaghetti Alfredo		
M3	Tofu Oriental with Rice		

CONTACT : 01114116713 (DATIN / ZILA)

	8st February (THU)		
M4	Chicken Curry with Rice		
M5	Spaghetti Chicken Meatballs		
M6	Vegetarian Spaghetti		

	26th February (MON)		
M1	Chicken Opor with Rice		
M2	Spaghetti Carbonara		
M3	Tofu Opor with Rice		



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